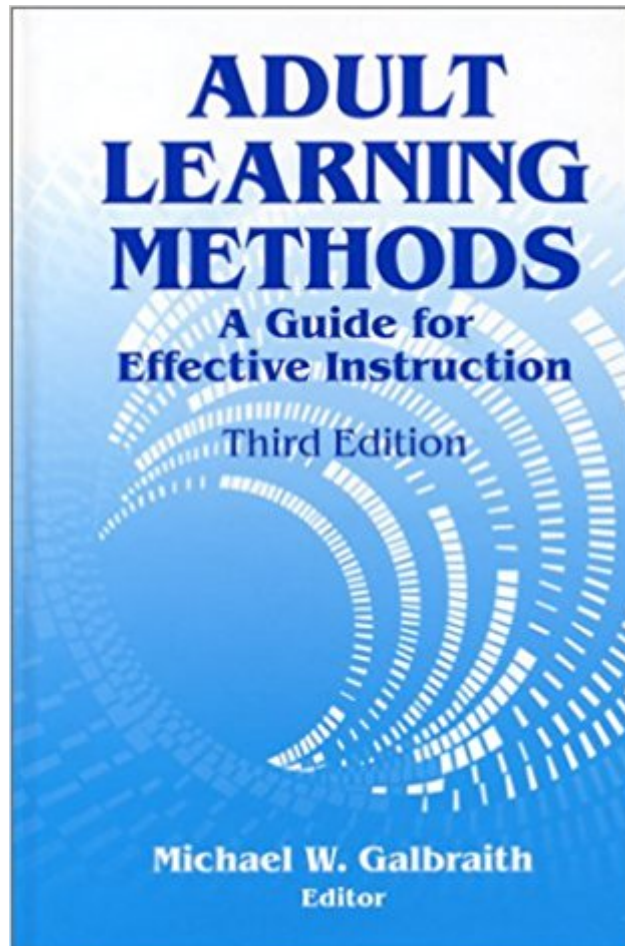


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# Adult Learning Methods: A Guide For Effective Instruction, 3rd Ed.



## Synopsis

The third edition of *Adult Learning Methods*, with revisions, updates, and six new chapters, provides the educator of adults with ways to understand and facilitate adult learning. It is a clearly written guide to understanding the complex aspects associated with techniques and methods of the teaching and learning encounter. The book is comprised of two parts. Part One, *Understanding and Facilitating Adult Learning*, contains 8 chapters that examine such topics as characteristics of a good teacher, understanding adults as learners, philosophical and teaching style orientations, designing instruction, motivation strategies, and ethical reasoning. Part Two, *Methods and Techniques*, contains 14 chapters that describe in detail an array of methods and techniques to use in the classroom. The topics include selecting methods and techniques, case study, discussion, lecture, interactive television, distance learning methods, learning contracts, course portfolio, critical thinking techniques, demonstration, simulation, case study, forum, panel, symposium, mentoring, and learning communities in cyberspace. *Adult Learning Methods* is designed for the practitioner and is written from a practical how-to perspective. Its premise is that by acquiring a greater understanding of the process of helping adults learn and the methods that can enhance this process, teachers and adult learners can increase their chances of sharing a positive, meaningful, and developing educational experience.

## Book Information

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## Customer Reviews

Being fairly new to the community of adult educators, I find myself continually searching for works

that might help me to become a more effective facilitator. In this regard, Galbraith has quickly evolved into one of my favorite authors/editors in the field of adult learning. I found this book to be very practitioner-oriented, scholarly yet not over-technical and well researched. I highly recommend this book to anyone who desires to develop a greater understanding of adult learners and instructional strategies that are, indeed, effective.

Now in its third edition with revisions, updates, and six new chapters, *Adult Learning Methods: A Guide For Effective Instruction* compiled and edited by Michael W. Galbraith is an anthology of useful essays by experienced educators and filled from cover to cover with tips, tricks, and techniques for instructors in adult learning classrooms. General enough to apply to all walks of adult instruction ranging from literacy to apprenticeship to community college to advanced schooling, the contributory essays comprising *Adult Learning Methods* focus especially on assimilating general principles and tested techniques to facilitate learning and is very highly recommended reading for anyone charged with the task of educating adults.

This book was a required textbook for a course in Training Methods for Adult Learners. This text is a fine resource in an academic setting. It talks very generally about some of the unique qualities of the adult learner, and offers good insight into the kinds of things to consider when planning an Adult learning activity. However this text does not offer strong recommendations or directions on how to plan such a learning activity. This book is fine within a classroom setting so long as it is supported by more detailed materials on specific training techniques. This text does not seem to be well suited for a professional seeking to expand their own knowledge about adult training methods outside of a classroom.

A terribly outdated book quoting studies and research from the 30's to 70's. It also characterizes adult learners "over 40" as fighting a "bifocal battle" because they use old prescriptions and resist using the bifocals they really need (page 29). Really? This book's original print was in 1990 when citing back to studies from the 30's, even then, was sketchy. Now in it's third edition (2004) and containing all the same information, I wonder if any of it is relevant. If it wasn't a required text for class I wouldn't bother buying it.

Galbraith is a genius when it comes to explaining the different adult learning methods. If you don't have this book already and you teach, train, or instruct adult learners you are not doing your

learners any justice. You MUST have this book in order to implement EFFECTIVE INSTRUCTIONS to adult learners.

The methods taught in this book are amazing. I needed this for a class but have used these techniques while teaching as well. Well written, easy to follow and I will not be selling this book. I used it last year and will use it again this year. I love it when I can add another tool to my box.

This was the required text for my Adult Learning Theory course as part of my M.Ed. in adult education degree program. In my opinion, they couldn't have picked a better compilation of experts.

I purchased this book and was very impressed with the condition. It appears to be in pretty good shape and I start using it tomorrow. I am in the Human Resource Training and Development Program and there are a lot of books on some kind of Adult learning.

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